fce Theme: Pies, Pies, and More Pies!

"We must have a pie. Stress cannot exist in the presence of a pie." ~ David Mamet

THIS BOOK BELONGS TO

WHO IS A MEMBER OF THE

(fce Club)
and the
WARREN COUNTY
FAMILY AND COMMUNITY
EDUCATION COUNCIL

2021

IN COOPERATION WITH





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UT-TSU EXTENSION WARREN COUNTY

201 Locust Street, Suite 10 McMinnville, TN 37110

Hours: 8:00 - 4:30 Monday - Friday Phone: 931-473-8484 Fax: 931-473-8089

Facebook: UT-TSU Extension-Warren County Website: http://warren.tennessee.edu

PERSONNEL:

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Shavetta Y. Davis, Extension Agent 4-H Youth

Emily B Mote, Extension Agent 4-H Youth

Heath D. Nokes, Extension Agent Adult Agriculture

Tina M. Smock, Administrative Assistant

Margie C. Foster, TNCEP Program Assistant

Leah M. Prater, Program Assistant

Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development.

University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating.

UT Extension provides equal opportunities in programs and employment.

INSTITUTE OF AGRICULTURE
THE UNIVERSITY OF TENNESSEE

COoperative Extension



The University of Tennessee—Tennessee State University Extension provides educational programs in Family Economics, Health & Safety, Human Development, and Nutrition & Food Safety.

Potential audiences are reached through Family and Community Education Clubs, educational trainings and workshops, special interest meetings, mass media, personal contacts, letters, visits, countywide mailing lists, etc.



Family and Community Education (fce) is an organization of volunteers who work together to build strong families and communities. Educational materials are created and utilized to strengthen knowledge and skills. Resources are provided to develop leadership skills, enabling people to make a difference. Ultimately, fce strives to make our communities a better place in which to live.

YEARBOOK PURPOSE

This yearbook is designed for the Family and Community Education Clubs and does not reflect the program for other audiences reached by Extension Family & Consumer Science.

fce CLUB PRAYER

We thank Thee, Father, for our life, family, and home in America. May we ever realize the importance of our place as homemakers and mothers.

Give us grace, courage, and wisdom to help build our home and communities strong and acceptable to Thee.

Help us to remember that heights of peace and happiness are not obtained in a single effort, but by time and toil.

May we count it a privilege to help others who are less fortunate than we.

We will labor, we will save, we will give and serve that the ideals for which we are working may be attained.

Grant an honorable and enduring peace, that liberty and right may prevail throughout the entire world.



"Keep us, O God, from pettiness. Let us be large in thought, in word, in deed. Let us be done with fault-finding and leave off self-seeking.

May we put away all pretense and meet each other face to face without self pity and without prejudice. May we never be hasty in judgment and always generous.

Let us take time for all things; make us more calm, serene, and gentle. Teach us to put into action our better impulses, straightforward and unafraid.

Grant that we may realize it is the little things that create differences, that in the big things of life, we are one.

And may we strive to touch and to know the great, common human heart of us all, and O Lord God, let us not forget to be kind."

Mary Stewart



As family and community educators of these United States, we will strive to: promote a better way of life for all through fellowship, continuing education and service: to provide guidance in our homes and

May we have pride in our role as peacemakers and may our hearts be filled with joy as we serve.

Let us always be conscious of the needs of others, and be strengthened by the "Divine Light" that guides us all.

Jean Beard Kestner



tafce INFORMATION

State President:

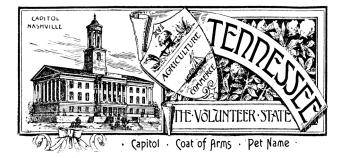
Wanda Briddelle (Wilson Co.) 793 Saundersville Ferry Road Mt. Juliet, TN 37122 (615) 754-8942 – Home (615) 218-4763 – Cell bnawjb@tds.net

State Advisor:

Dr. Martha Keel, Professor State TAFCE Advisor 119 Morgan Hall 2621 Morgan Circle Knoxville, TN 37996-4500 (865) 974-8197 – Work mkeel@utk.edu

Newly Appointed State Advisor

Dr. Janet Fox Assistant Dean and FCS Depart. Head (Assuming Role—February 1, 2021)



Central Region President:

Mary Alice Weber (Williamson) 10440 Locust Fork Road Primm Springs, TN 38476 (615) 417-1670 – Cell weber70@comcast.net

State Advisor:

Dr. Matt Devereaux, Professor Interim Assistant Dean – FCS 121 Morgan Hall 2621 Morgan Circle Drive Knoxville, TN 37996-4500 (865) 974-7384 – Work mdevereaux@utk.edu

Central Region Advisor:

Carla Bush
Central Region - Program Leader
UT Extension Regional Office
5201 Marchant Drive
Nashville, TN 37211
(615) 832-6550 – Work
cybust@utk.edu

CENTRAL REGION COUNTIES:

| Bedford | Cannon | Cheatham | Clay |
|-----------|------------|------------|----------|
| Coffee | Davidson | Dekalb | Franklin |
| Giles | Grundy | Jackson | Lincoln |
| Macon | Marion | Marshall | Maury |
| Moore | Overton | Pickett | Putman |
| Robertson | Rutherford | Sequatchie | Smith |
| Sumner | Trousdale | Van Buren | Warren |
| White | Williamson | Wilson | |

tafce STATE PROJECTS

Annual reports are requested from the state about the following areas. It is hoped that local and county fce projects may reflect these state guidelines in some way. The central region supports these projects as well.

Mission: Our mission is to strengthen individuals, families, and communities through continuing education, leadership development, and community action. During the year, let us strive to do this through support of our children and our communities. The following ideas are areas where our help may be needed:

Education:

- Personal reading and creative writing—encourage TAFCE members to enter TAFCE Creative Writing
- Share Cultural Arts with others
- Character Counts Sponsor "The Six Pillars of Character" program that encourages 4th graders to strive for excellence and creativity through reading, writing, and drawing skills.
- Donate school supplies.
- Support Head Start and other classroom activities
- Support NEA's Read Across America—Read Dr. Seuss books to children
- Listen to children read and read to children
- Share magazines with senior facilities
- Provide books to children (Imagination Library and/or local health department)
- Teach a class to adults, young adults, or children
- Join a book club
- TAFCE College Scholarships-provide scholarships to fce members

Leadership:

- Conduct leadership training for fce and other interested community members
- Teach leadership skill within your fee club and to other organizations in your circle
- Participate in any active leadership role to better your community
- Volunteer to help lead 4-H activities
- Mentor single parents and homemakers
- Share cultural arts/heritage skills with others

Community Action:

- Ronald McDonald House Collect can tabs
- Wrapped-In-Love (blankets, hats, etc. for cancer) website: http://wrappedinlovefoundation.com website: https://www.projectlinus.org
- Project Linus (blankets for children)
- Sewing 4 Souls (clothes for children in third world countries) website: https://sewing 4souls.org website: https://takebackday.dea.gov
- DEA Take Back program (prescription drug disposal)
- Feeding American Back Pack Program
 - website: http://feedingamerica.org/our-work/hunger-relief-programs/backpack-program
- Prepare health packages for Veteran's Hospitals and county health departments
- Promote fee through community festivals and fairs
- Attend local and governmental meetings
- Family emergency preparation Care for parks and cemeteries
- Educate community about Human Trafficking
- Support a homeless shelter
- Support local Food Banks

The key to being effective is to be aware of what is going on around you. There are many families with children where neglect and/or abuse are a daily occurrence. Find out what you as an individual can do. Be willing to take action. Be sure to read your local newspaper and stay abreast of community events. An informed person is able to act responsibly when needed.



FAMILY & COMMUNITY EDUCATION CLUBS

PRESIDENT: Frances Hobbs

632 Highland Park Circle McMinnville, TN 37110

(931) 939-2382

VP of PROGRAMS: Alda Bandy

209 Forest Drive

McMinnville, TN 37110

(931) 815-2015

VP of PUBLIC POLICY: Diana Fults

146 Gay Road

McMinnville, TN 37110

(931) 668-2425

SECRETARY: Janis Darnaby

106 Beech Grove Road McMinnville, TN 37110

(404) 915-1136

TREASURER: Phyllis Hillis

213 Moss Drive

McMinnville, TN 37110

(931) 473-3466

CHAPLAIN: Naomi Smith

522 Smithtown Road McMinnville, TN 37110

(931) 939-2435

REPORTER: Sue Adcock

137 Gordon Adcock Road

Smithville, TN 37166

(931) 934-2545

COUNTY COUNCIL MEETINGS

(Mondays)
March 15, 2021
June 21, 2021
September 27, 2021
December 6, 2021 - (9:00 a.m.)

(Meetings begin at **10:00 a.m.** in the Magnolia Room at the Warren County Administrative Building, unless noted otherwise.)

Club Fundraiser Option

(This option is open to any club who is not providing a meal for A&R Day or the Fall Planning Meeting. If remaining clubs do not express interest in hosting council meetings, the option will be given to the original clubs hosting annual events.)

This is an open invitation to host the March, June, and September County Council meetings. (The December meeting will be Santa's Workshop, which will be a covered dish 'brunch'.) Any club may volunteer to host a county council meeting by providing a meal at a reasonable cost to attendees.

Examples: Soup and sandwich with dessert and drink

Lasagna and salad with drink

Meat and two side dishes with drink



The suggested cost might be \$5.00 per person, but it may depend on the type of meal provided. Host club would determine the cost.

All fce members are encouraged to attend the County Council, Grab Bag, and luncheon event. Attendees are urged to call the Extension office (473-8484) one week before the event so meal arrangements can be made.

The host for 2021 County Council meetings were determined during the Fall Planning Meeting. The schedule is as follows:

| MARCH: | Vinson's Crossroads fce | |
|------------|-------------------------|--|
| JUNE: | Hickory Creek fce | |
| SEPTEMBER: | Bonner fce | |

GRAB BAG DAYS/SPECIAL PROGRAMS

Grab Bag will be held in conjunction with the fce County Council meetings in the Magnolia Room of the Warren County Administrative Building. (See page 11.)

Grab Bag events will begin after the council meeting / meal and last about one hour.

Topics are tentative depending on instructors. Names and phone numbers of potential teachers are needed. If you know someone who might teach, please call Alda Bandy.

*Please, call the Extension office by the Friday preceding Grab Bag to pre-register.

MARCH - (3/15) - "Food & Nutrition" - Contact: Hilda Lytle "Home Program" - Contact: Mary Mann

JUNE - (6/21) - "Just Friends" - Contact: Diana Fults

SEPTEMBER - (9/27) - "Flu Shots" - Contact: Sue Adcock

DECEMBER - (12/6) - "Santa's Workshop" Cookie Swap Candy Cane Mice Craft—Sandra Blair

*Grab Bags will be scheduled according to availability of instructors.



FUNDRAISERS

1) **SILENT AUCTIONS**—These fundraisers will be held at the annual county-wide events.



A&R Day—4/20/21
Fall Planning Meeting—10/12/21

Santa's Workshop—12/6/21

The council will conduct a 'Silent Bid' auction during Santa's Workshop in December. Each club is asked to donate a minimum of two items to this endeavor. Items can be baked goods, holiday crafts, or other homemade items. Attendees will submit a written bid on each item as wanted. The item will then go to the highest bid received.

2) BAKE SALE—5/7/21 Location—Warehouse Discount Groceries

Members are asked to donate home-baked items. Proceeds from the sale will go toward the fce scholarship. At least two workers will be needed during three time slots. There will be a "No Bake Sale" held in the fall, with optional donations accepted from club members. Proceeds from the fall sale will benefit Meals on Wheels.



3) OLE TIME COUNTRY STORE—Sponsor: Security Federal

Rules & Regulations Committee

Sue Adcock, Alda Bandy, Anamaria Baus, Janis Darnaby, Donna Dunlap, Dana Evans, Frances Hobbs, Hilda Lytle, Martha McBride, Becky Phillips, Teresa Priestly, Naomi Smith

DATES: September 13—18, 2021 (Closed—Sunday, 9/12)

HOURS: 10:00 a.m.—10:00 p.m.

SHIFTS: Times to be determined by clubs

Each club will be in charge of daily operation.

Saturday—Vinson's Crossroads

Monday—Midway

Tuesday—Hickory Creek

Wednesday—Bonner

Thursday—Lucky Homemakers

Friday—fce Council / Club Members

Saturday—Vinson's Crossroads



Pre-registration will begin **August 16, 2021.**

SPECIAL EVENTS

JANUARY... Membership Recruitment Month

fce State Project Reports due to county (1/8)

Regional fce Information Day (1/19) - Snow Date (1/27)

Special Projects Training (1/28)

FEBRUARY... Annual Reports Due (2/1)

Scrapbooks and Secretary Book Due (2/1)

Global Leader Training (2/24)

Prepare for Visitation Day

MARCH.... Visitation Day (3/9)

County Council Meeting & Grab Bag Day (3/15)

APRIL.... fce Scholarship announced

Leadership Retreat registration due to county treasurer (4/1)

Class registration due to regional office (4/15)

A & R Day (4/20)

Theme—"There Are No Rules In Quilting" (Brenda Clark)

Quilt Display Proposed.

(Hostess: Bonner)

(Meal: Vinson's Crossroads)

CVU Summaries Due (4/20)

Environmental Leader Training (4/28)

MAY.... Bake Sale Fundraiser (5/7)

Day of the Family (5/15)

fce Leadership Retreat (5/24 - 5/27)



JUNE.... "Dairy Month" Celebration / Contest (6/14)

Dairy Contest Guidelines

* Contest Categories: Appetizer Salad
Bread Main Dish
Side Dish Dessert

- * One entry per category.
- * Must contain at least two dairy products in some form.
- * First, second, and third place awards will be presented in each category.
- * Bring a copy of the recipes for the dishes you are entering into the contest.

County Council Meeting/Grab Bag Day (6/21)

Family Life Leader Training (6/30)

SPECIAL EVENTS

JULY.... Picnic Month

County Cultural Arts & Fashion Revue Activities (7/12) "A Favorite Dish" Recipe Contest—Bring the recipe (7/12)

AUGUST.... County Fair Preparation

Economics Leader Training (8/25)

fce Club dues submitted to county (8/27)

Register for tafce Conference by (8/27)

SEPTEMBER... Regional Cultural Arts & Fashion Revue (9/9)

Warren County A & L Fair September 11 - 18, 2021

Entry Day - Saturday, September 11

**The Country Store will be open during the Fair---We need your HELP! **

Wellness Leader Training (9/22)

County Council Meeting (9/27)

OCTOBERFall Planning Meeting (10/12)

Theme—"Halloween" (Wear a costume or Halloween shirt)

(Meal: Hickory Creek)

(Hostess: Hickory Creek)

Club officer list due to extension (10/29)

NOVEMBER... fce Bake Sale (11/5) or No-Bake Sale ?

tafce State Conference (11/14 - 11/17) - Embassy Suites, Cool Springs

DECEMBER...

Holiday Brunch, County Council Meeting & Santa's Workshop (12/6)

Christmas Outing Option—Attend a Christmas Play

Possible venues include: Park Theater, Warren Arts, or Woodbury Playhouse



BLOODMOBILE

Contact: Carolyn Rankhorn - (931) 934-2539

Monthly fce Service Project

*** SCHEDULE ***

January—Bonner
February—Hickory Creek
March—Lucky Homemaker
April—Midway
May—Vinson's Crossroads

June—Bonner

July—Hickory Creek

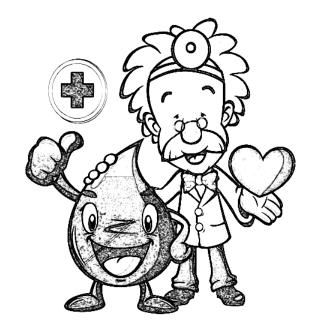
August—Lucky Homemakers

September—Midway

October—Vinson's Crossroads

November—Bonner

December—Hickory Creek



*** Guidelines ***

Each visit: One club to work

Day: Second Wednesday of the month

Time: 1:30 - 5:30 p.m.

Location: Early Voting Room

The assigned club needs to provide workers to serve drinks and snacks.

The Red Cross will provide snacks.

Please do not go where people are giving blood, unless asked by Bloodmobile staff.

Did you know....

- A newborn baby has about one cup of blood in its body
 - 10 pints is the amount of blood in an average adult.
- Blood makes up about 7 percent of your body's weight
- 46.5 gallons: amount of blood you could donate if you begin at age 17 and donate every 56 days until
 you reach 79 years old.

Source: Community Blood Bank of Northwest Pennsylvania and Western New York.

WARREN COUNTY fce SERVICE PROJECT

McMinnville Boarding Home

Clubs are asked to celebrate two months of birthdays for residents, in addition to other activities during your visit.

Contacts: Adam Bryan and Pam Tucker

Phone Number: 473-4760

2021 CLUB SCHEDULE

| January—February | Hickory Creek |
|-------------------|---------------------|
| March—April | fce Volunteers |
| May—June | Lucky Homemakers |
| July—August | Midway |
| September—October | Bonner |
| November—December | Vinson's Crossroads |



fce SCHOLARSHIP

The Warren County fce Council will offer a scholarship to help further the education of a Warren County High School graduate. The criteria to determine the recipient of this scholarship is as follows.

- 1. Scholarship Amount \$1000.00 (\$500.00 for two semesters)
- 2. Applications shall be submitted to the guidance counselor by a predetermined deadline.
- 3. Applicant must major in Human Ecology, Agriculture or related field.
- 4. High school transcript must be submitted.
- 5. The recipient will be selected by the fce Scholarship committee and their decision will be final.
- 6. A new recipient will be selected on an annual basis with scholarship not to exceed \$1000.
- 7. The continuation of this scholarship is contingent on the availability of funds of the Warren County fce Council.

VISITATION DAY

Mark your calendars for Tuesday, March 9, 2021. There will be a countywide **fce Visitation Day**. The event will be held at 11:00 a.m. in the Magnolia Room of the Warren County Administrative Building.

"Each One Bring One"

***All fce members are encouraged to attend and bring a friend that might be interested in joining our organization. ***

GUIDELINES:

- 1) Midway fce will organize the event. Details will be made available to all clubs by the end of January.
- 2) Each club may be responsible for setting up a tabletop display about their club information, programs, and projects. (Card table or small 18"x 48" table is desirable.) Some tables are available at the Extension Office. Call 473-8484 to reserve.
- 3) Introduce yourselves and get acquainted.
- 4) Be prepared to give a brief presentation about club meeting times and highlights.
- 5) Clubs may be asked to share in the food preparation and door prizes.
- 6) If club desires, Visitation Day may count as March club meeting.



TAFCE Creative Writing Program

Creative Writing entries are due A&R Day, April 20, 2021.

Categories

TAFCE Members may submit ONE entry in ANY or ALL categories.

- 1. Poetry: any style
- 2. Essay: any subject or person
- 3. Short Stories
- 4. Children's Stories (No illustration to be submitted)
- 5. Feature Article/ News Articles: can be club report publication. Only original article will be accepted (no copies). Cut out NAME and DATE of publication and send with article.
- 6. Miscellaneous: any entry that does not fit into above categories

Rules

- 1. Must be written by a TAFCE dues paying member who is not a professional writer. (This means he/she does not receive compensation for their articles.)
- 2. Entries must not exceed 1000 words. **No illustrations allowed.** Entry will be disqualified if this rule is not followed.
- 3. Entries must be legibly handwritten in black ink or typed with black ink in a font size of 12 or 14 on white paper.
- 4. Include writer's name, address, phone number, county, region and category on a cover sheet. On the last page, include your name, county, and region in small letters.
- 5. Those judged first and second place in each category in the region will be sent to the state for competition and compiled in a booklet. The state will award first place winners in each category \$10 and a booklet. A booklet will be awarded to second and third place winners in each category.
- 6. Entries will not be returned.



| Scoring Criteria | Points |
|---|--------|
| Introduction: Gets attention, indicates direction, etc. Well organized Body: Well organized | |
| Conclusion: Ends with a purpose, summarizes, etc. | 20 |
| Creativity / Originality | 50 |
| Results effect on the reader | 30 |
| TOTAL | 100 |

CULTURAL ARTS

The Warren County Cultural Arts Contest will take place July 12, 2021.

During the event, there will be a "A Favorite Dish" Recipe Contest. Prepare one of your favorite recipes. Remember to bring a copy of the recipe to the contest.

CULTURAL ARTS CATAGORIES

- 1. Basketry
- 2. Beadwork
- 3. Ceramics
- 4. Chairs & Stools
- 5. Crochet Thread
- 6. Crochet Yarn
- 7. Cross-Stitch: Counted
- 8. Cross-Stitch: Other
- 9. Decorative Painting
- 10. Dolls
- 11. Embroidery: Hand
- 12. Embroidery: Machine
- 13. Fine Art Painting: Acrylics
- 14. Fine Art Ptg: Charcoal & Drawings
- 15. Fine Art Painting: Pastels
- 16. Fine Art Painting: Oil
- 17. Fine Art Painting: Watercolor
- 18. Handcrafted Toy
- 19. Hand Stitching
- 20. Holiday Decoration: Christmas
- 21. Holiday Decoration: Non-Christmas
- 22. Jewelry: Non-Beaded
- 23. Knitting: Hand
- 24. Knitting: Machine
- 25. Needlepoint
- 26. Paper Crafts

- 27. Photography—Black & White: Person
- 28. Photography—Black & White: Place
- 29. Photography—Black & White: Other
- 30. Photography—Color: Person
- 31. Photography—Color: Place
- 32. Photography—Color: All Other
- 33. Pottery
- 34. Quilt: Applique & Cathedral Window
- 35. Quilt: Baby & Lap
- 36. Quilt: Embroidered: Hand
- 37. Quilt: Embroidered: Machine
- 38. Quilt: Hand-Pieced & Hand-Quilted
- 39. Quilt: Machine-Pieced & Hand-Quilted
- 40. Quilt: Hand-Pieced & Machine-Quilted
- 41. Ovilt. Machine Diegod & Machine Ovilt
- 41. Quilt: Machine-Pieced & Machine-Quilted
- 42. Quilt: Hand or Machine-Pieced & Professionally Quilted
- 43. Quilt: Pillow
- 44. Quilt: Wall Hanging
- 45. Quilt: Other
- 46. Repurposing
- 47. Rug Making
- 48. Sculpture
- 49. Stained Glass
- 50. Tatting
- 51. Weaving: Hand
- 52. Weaving: Loom
- 53. Woodworking



TAFCE Cultural Arts Guidelines

- All first and second place winners from each Region may be exhibited. Two entries per category.
 No substitutions.
- An individual may enter **only one item per category** following the most currant Regional Guidelines.
- Articles **must be entirely** the work of the TAFCE member **EXCEPT** for Category #42.
- The art or craft must have been completed since the competition in November 2019.
- No doll kits or pre-printed ("cheater") quilts will be accepted
- All frameable items must be framed
- Each member is responsible for arranging transportation for exhibits to and from the State conference site.
- Each Region must provide its own materials required to exhibit articles. **Tape and nails cannot be used on walls**. If items are best displayed hung, please, provide a means of hanging.
- Entries will be exhibited by category
- A "Viewer's Choice" awarded by popular vote will be presented.
- A list of Region winners should be sent to the State Chair as soon as possible, but must be sent by the dead-line listed on TAFCE Dues Dates.
- The Tennessee Association for Family and Community Education (TAFCE), its officers or members, or the University of Tennessee Extension staff will not be responsible for any, lost, misplaced or damaged items. We do not anticipate any misfortunes, but this disclaimer must be clearly understood by all exhibitors.
- All exhibitors must be TAFCE members in good standing.





FASHION REVUE

The Warren Fashion Revue Contest will take place July 12, 2021.

During the event, there will be "A **Favorite Dish" Recipe Contest**. Prepare one of your favorite recipes. Remember to bring a copy of the recipe to the contest.

First and second place winners in each category are due to the Education Chair for regional competition.

First and Second Place winners at the Region Contest are eligible for the State Fashion Revue Contest.

A "Viewer's Choice Award" will be given during the regional level competition.

FASHION REVUE CATEGORIES

Purchased Items

10. My Best Fashion Purchase: Casual Wear

11. My Best Fashion Purchase: Better Dress

Constructed Items

- 1. Suit, dressy ensemble, or better dress
- 2. Jacket, blazer or coat
- 3. Casual and active wear
- 4. Children's casual and better wear (ages 12 or under)
- 5. Teen's casual and better wear (ages 13 18)
- 6. Sewing for an adult (over 18)
- 7. Recycled garment (utilizing used materials)
- 8. Wardrobe accessory (belt; tote bag; handbag; scarf; vest; hat; etc.)
- 9. Decorative Sweat wear (sweatshirt; sweatshirt jacket, etc.)

TAFCE Fashion Revue Guidelines

Sewing Skills

- The participant MUST be a TAFCE member in good standing.
- The garment must have been made within the last year.
- The garment can be worn or displayed on a hanger.
- All work must be entirely of the TAFCE member.
- Regional winners are responsible for arranging transportation for the item to TAFCE State Conference
- The judges are encouraged to use these criteria for judging:
 - A.) Construction
 - B.) Suitability of fabrics, using the 4-H score card.



Buying Skills

- The participant **MUST** be a TAFCE member in good standing.
- The garment must have been purchased within the last year.
- The judges are encourage to use these criteria for judging:
 - A.) Construction
 - B.) Suitability of fabric
 - C.) Quality of fabric, using 4-H score card, where applicable



TAFCE FASHION REVUE PERSONAL DATA SHEET

The information on this form is used to assist with preplanning the Fashion Revue. It is important to complete all sections. PLEASE PRINT YOUR INFORMATION.

| Name: | County: | Region: | : |
|--|-----------------------|------------------------------|-------------|
| Address: | | | |
| City: | | | |
| Category: | | | |
| Attach a photograph of the outfit you will Model (pattern envelope illustration or sketch is acceptable | | | |
| you will Model (pattern envelope illustration or sketch is acceptable | What did you lear | m making this outfit?_ | |
| | in creating, wearin | | |
| | | ccessories: | |
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| | | | de:\$ |
| | | js: \$ | |
| | | t/accessories (new/u | |
| The section of the se | | | |
| Estimated "original" cost: \$ Estimated Savings: \$ | | | |
| Write a suggested script for your of scription on the pattern envelope. active words: | outfit. Describe the | fashion details of you | |
| | | | |
| Due to R | tegional Fashion Revu | ue Chair August 2021. | |

fce LEADER TRAINING

There are six education emphasis areas in 2021.

ECONOMICS - interior design, resource management, clothing

ENVIRONMENT - energy environment, safety, waste management, water quality

FAMILY LIFE - family strengths, stress management, and gerontology

GLOBAL - international, reading

SPECIAL PROJECTS - cultural arts, CVU's, public relations, Tune Out Violence, etc.

WELLNESS – health & safety, food preparation, food safety

- Each club shall appoint/elect six leaders (one for each area) to be in charge of education.
- There will be a countywide leader training offered in these six areas. Local club leaders are asked to attend the countywide training, present information at local club meeting, and send reports to the Extension office
- Leader training is held in the Extension Conference Room of the Warren County Administrative Building.

Thursday, January 28 – Special Projects – 10:00 Wednesday, February 24 – Global – 10:00 Wednesday, April 28 – Environmental – 10:00 Wednesday, June 30 – Family Life – 10:00 Wednesday, August 25 – Economics – 10:00 Wednesday, September 22 – Wellness – 10:00

CERTIFIED VOLUNTEER UNITS

What are Certified Volunteer Units (CVU's)?

CVU's are used to recognize individuals preparing for and completing volunteer work within fce and the community. You can count telephone and travel time if it relates to your volunteer project. Any volunteer acts count except those for immediate family.

Examples may include but are not limited to the following:

meals for shut-ins, church work, hospital and nursing homes, charitable/or non-profit organizations, etc.

How can Learn CVUs?

When you have accumulated at least 500 hours of volunteer service, you will receive a Certificate of Recognition from TAFCE. Five hundred (500) hours of volunteer time equals 50 CVUs. Each additional 500 hours will earn a seal to be affixed to the certificate, a maximum of four seals per certificate. The maximum time span for turning in unreported hours is three (3) years.

Keeping a record of CVU hours can help you in many ways.

It can help you:

- Prepare for more responsible leadership and/or volunteer positions with fce and/or other organizations.
- Seek paid employment. Properly documented volunteer work can be listed on a job application.
- Seek elective office.
- Qualify for awards and recognition.
- Qualify for scholarships
- Grow personally. Volunteering can be fun and personally rewarding. Serving others can be a life-changing experience.

How do I log my volunteer time?

Use the Personal CVU Log on page 25 to keep your individual records for reference and documentation. Follow instructions below to submit hours.

To receive your certificate and/or seal(s), complete the Volunteer Service Summary Sheet (included on page 26). Turn in CVUs in 500 hour increments only, not to exceed 2,000 hours per year unless documentation is presented to verify excess. Odd hours will be discarded! Send only the Volunteer Service summary to your county vice-president of Public Policy. It will then be forwarded to the Region Vice-president of Public Policy. The county deadline is **Tuesday**, **April 20**, **2021** (may be turned in at A&R Day). The regional deadline is **June 1**, **2021**. It is <u>very important</u> that you adhere to these deadlines.

CERTIFIED VOLUNTEER UNITS

Personal CVU Log

| Name | Cou | unty | | | | |
|--------------------------|---|---------------------|------------------------|--|--|--|
| | | | | | | |
| City | StateZ | Zip | | | | |
| 0.1 | ************************************** | | | | | |
| | Please check the guidelines when reporting volunteer hours to make sure you report them correctly | | | | | |
| Date of Vol. Activity | Type of Volunteer Activity | Hrs. of Vol Time | # of People Reached | | | |
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| Date of Vol. Activity | Type of Volunteer Activity | Hrs. of Vol Time | # of People Reached |
|--------------------------|-------------------------------|---------------------|------------------------|
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CERTIFIED VOLUNTEER UNITS

Volunteer Service Summary

| Name | County_ | | _Region | |
|-------------------------------|--|---|-------------------------------|---|
| City | | State | Zip | |
| Date Submitted fo | or Recognition: | | | |
| Date of Volunteer Activity | Type of Volunteer Activity | Hours of Volur Time | nteer # | of People Reached |
| | | | | |
| | | | | |
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| | | | | |
| | | | | |
| | | TOTAL HOU | RS: | _ |
| | TOTAL | . PEOPLE REACH | ED: | |
| County | Date | _ | | |
| Region | Date | - | | |
| State | Date | _ | | |
| | st be submitted in <u>500-h</u> , not to exceed 2000 pe | | | |
| County Due Date: Apr | ril 20, 2021 Region Due to Region VI | Date: <u>June 1st</u> P of Public Policy | State Due Da to State VP o | te: <u>July 1st</u> of Public Policy |

GOLD STAR MEMBERSHIP

The purpose is to encourage active fce club participation by each member. Members earning 100 stars are eligible for awards on A & R Day. Those earning 200+ stars receive special recognition.

HOW YOU MAY EARN GOLD STARS

- A) Five stars for each regular monthly club meeting attended. (Meetings may be made up by attending another club within one month. Example: If regular meeting is the 1st Thursday of each month, you have until the 1st Thursday of the next month to make up meeting.) Maximum -- 60 stars
- B) If you practice any part of agent's or leaders demonstration given at club meeting, give yourself five stars per demonstration. Maximum -- 30 stars
- C) When attending a leaders' training and follow with a demonstration on that subject at club meeting, you get ten stars. No maximum limit
- D) When you give any leader's report in addition to the one for which the agent gave a training, give yourself five stars. Maximum -- 25 stars
- E) When you give a reading report to club, you get five stars for each report. Maximum-- 50 stars
- events), region, or state event attended or project you support. Examples: club meeting hostess, county council meeting Five stars for each fce local club, county (including other county's events - example: Grundy or Rutherford County and events, working at fair, state convention, officer training, camp, service projects, etc. No maximum limit
- G) If you bring an adult guest to the club meeting, give yourself 10 stars for each. Maximum --50 stars
- H) You receive five stars for each entry in Warren County Fair up to five entries. Maximum-- 25 stars
- I) You receive five stars for each office you hold Local club or County Council officer.
- J) You receive five stars for each demonstration given at local club meetings. No maximum limit.

Reporting Year: 2021 Member Name_

Year

| Month | A (5*) | B (5*) | C (5*) | D (5*) | E (5*) | F (5*) | G (5*) | H (5*) I (5*) | I (5*) |) (2*) | TOTAL |
|-----------|--------|--------|--------|--------|--------|--------|--------|---------------|--------|--------|-------|
| January | | | | | | | | | | | |
| February | | | | | | | | | | | |
| March | | | | | | | | | | | |
| April | | | | | | | | | | | |
| May | | | | | | | | | | | |
| June | | | | | | | | | | | |
| July | | | | | | | | | | | |
| August | | | | | | | | | | | |
| September | | | | | | | | | | | |
| October | | | | | | | | | | | |
| November | | | | | | | | | | | |
| December | | | | | | | | | | | |
| Sub-Total | | | | | | | | | | | |

GRAND TOTAL

MASTER CLUB

Each club must have a minimum of 300 points for Master Club status.

| I. Educational Programs: | I. | Educational | Programs: |
|--------------------------|----|--------------------|------------------|
|--------------------------|----|--------------------|------------------|

| a. Educational Leaders prepare and present programs in each |
|---|
| of the six educational areas: family life, global, environment, |
| special projects, economics, and wellness. |

(10 pts. each area) 10 pts.

b. Participate in some part of the agent's program(10 pts. each program)10 pts.

c. Conduct one special-interest program for local club during the 2021 club year. 10 pts.

II. Club Projects:

- a. Reading Five points for each member who reads or listens to a minimum of 10 books throughout the year and gives a brief report at local club meeting.
 5 pts.
- b. Participate in countywide projects and activities(5 pts. each)5 pts.

III. Volunteer Service:

- a. Conduct at least one community service project by the club. (5 pts. each additional project) 10 pts.
- b. Assist the 4-H program by furnishing leaders,
 sponsoring awards, and assisting with projects.
 (5 pts. each additional activity)
 10 pts.
- c. Assist with fund-raising projects for worthy causes. (5 pts. each additional) 10 pts.

IV. Participation:

- a. 75% of members attend club meetings each month. 10 pts.
- b. Be represented at regional, state and national events.(5 pts. each event)5 pts.
- c. Each county council officer, education chairperson,and district/state officer5 pts.

V. Membership:

- a. All members hold membership in Region and State organizations 5 pts.
- b. Enroll new members, especially young family members.(5 pts. each)5 pts.
- c. Invite minorities to meetings and encourage membership and participation. (5 pts. each membership) 5 pts.

fce READING PROGRAM

This is a county level reading program. Certificates will be processed and awarded through UT-TSU Extension Warren County.

PURPOSE:

- 1) To encourage people to read more, by including families and young children
- 2) To motivate non-readers
- 3) To encourage readers to explore a wider variety of materials

LOCAL READING STATION

William H. Magness Library & Edgar Community House

118 West Main Street McMinnville, TN 37110 Phone: (931) 473-2428

Librarian: Brad Walker



READING CATEGORIES

General Works (Reference)

Philosophy - Ethics, Psychology
Religion

Social Science

Literature
History
Travel
Geography
Language
Biography
Pure Science (Natural Science)

Technology (Applied Science)

Classics

Arts & Recreation

READING STANDARDS

*** Book choices may include: audio, electronic or traditional hard copies.



- 1) **RECOGNITION:** You will receive **recognition**, but no certificate, if you read three books, each from a different category.
- 2) **REGULAR:** You will receive a **regular certificate** for reading five books, each from a different category.
- 3) **ADVANCED:** You will receive an **advanced certificate** if you have received a regular certificate for three years and you read ten books in one subject area. This certificate will take a commitment of four years.
- 4) **FAMILY:** You can receive a **family certificate** if you do the following four steps.
- a. You let children select books to read aloud to you. You read to your child and talk about the book.
- b. As a parent, you read one book on child development, one on marriage relations, and one book on social concerns that affect families.
- c. You share your family reading activities with your club by giving an oral report at club meetings whenever possible.
- d. Your entire family selects one book from the family life area and read & discuss it together. You must then give a brief statement indicating your family's reaction the book read at your next local club meeting.

MASTER CLUB READING CERTIFICATE

A fce club may receive a **master club reading certificate**. It can be earned if 75% of the club members secure a reading certificate of some type.



INDIVIDUAL READING RECORD

| HILE | CATEGORY |
|------------------------|----------|
| 1) | |
| 2) | |
| 3) | |
| 4) | |
| 5) | |
| 6) | |
| 7) | |
| 8) | |
| 9) | |
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| 11) | |
| 12) | |
| 13) | |
| 14) | |
| 15) | |
| 16) | |
| 17) | |
| 18) | |
| 19) | |
| 20) | |
| Signature (fce member) | |



INDIVIDUAL READING RECORD

| TITLE | CATEGORY |
|------------------------|----------|
| 21) | |
| 22) | |
| 23) | |
| 24) | |
| 25) | |
| 26) | |
| 27) | |
| 28) | |
| 29) | |
| 30) | |
| 31) | |
| 32) | |
| 33) | |
| 34) | |
| 35) | |
| 36) | |
| 37) | |
| 38) | |
| 39) | |
| 40) | |
| Signature (fce member) | Club |

LOCAL fce CLUB PRESIDENTS

BONNER: LUCKY HOMEMAKERS:

Mrs. Teresa Priestley Mrs. Billie Ann Foster

MIDWAY:

Mrs. Irene Fuston

HICKORY CREEK

Mrs. Vicki Gibbs

VINSON'S CROSSROADS

Mrs. Alda Bandy



fce MEETING SCHEDULE

| <u>DAY</u> | TIME | <u>CLUB</u> | LOCATION |
|--------------------------|-------------|---------------------|-----------------|
| 1 st Tuesday | 11:00 | Bonner | Office |
| 1st Wednesday | 10:00 | Midway | Center |
| 1 st Thursday | 10:00 | Hickory Creek | Office |
| 2 nd Thursday | 10:00 | Lucky Homemakers | Homes |
| 3 rd Tuesday | 11:00 | Vinson's Crossroads | Office |

OFFICER DUTIES

PRESIDENT:

- 1. Prepare for meetings by making notes of business to be discussed, as well as other meeting details.
- 2. Preside at each monthly meeting.
- 3. Delegate responsibilities to other officers and committee chairpersons.
- 4. Be responsible for sharing announcements
- 5. Encourage participation and enthusiasm on all levels.



VICE-PRESIDENT:

- 1. Serve as co-planner and co-advisor to the president. Assume her responsibilities when necessary.
- 2. Serve as program chairperson. Be sure each educational chairperson has something to share at the local club meeting. Contact resource people in the county to organize family and consumer science subjects for monthly programs.
- 3. Make sure the annual reports are submitted to the Extension office by January 31.



SECRETARY:

- 1. Prepare and call roll each month.
- 2. Prepare and read minutes of each meeting.
- 3. Send a monthly club activity report to Extension office after each meeting.
- 4. Attend to all correspondence.



TREASURER:

- 1. Receive, hold, and pay out all funds belonging to the club.
- 2. Make a brief report on club finances at each club meeting.
- 3. Forward dues to the county council treasurer at the appropriate time.

REPORTER:



- 1. Complete and mail report form to the Southern Standard monthly.
- 2. Clip articles from paper when published for scrapbook purposes.

CHAPLAIN:

1. Prepare devotional before each meeting and present at appropriate time. Devotionals may include poems, prayers, or other thoughts.



SCRAPBOOK CHAIRPERSON:



- 1. Take photographs and notes of meetings, activities, and other events.
- 2. Collect club reports from newspapers along with other feature articles as available.
- 3. Purchase cover and pages for scrapbook.
- 4. Organize scrapbook on a calendar basis using pictures, information, and details of events or activities.
- 5. Use your creativity and imagination.
- 6. Have fun and involve other club members as necessary.

EDUCATIONAL PROJECT CHAIRPERSON:

- 1. Prepare your report before club meeting.
- 2. Attend workshop (when presented) in your program area.
- 3. Secure program materials as needed from magazines, bulletins, etc.
- 4. Speak clearly when giving your report (without reading if possible). Have something to show to emphasize your report.





LOCAL CLUB OFFICERS:

| PRESIDENT: |
|---|
| VICE PRESIDENT: |
| SECRETARY: |
| TREASURER: |
| REPORTER: |
| CHADLADI |
| CHAPLAIN: |
| EDUCATIONAL CHAIRPERSONS: |
| |
| EDUCATIONAL CHAIRPERSONS: |
| EDUCATIONAL CHAIRPERSONS: GLOBAL: |
| EDUCATIONAL CHAIRPERSONS: GLOBAL: SPECIAL PROJECTS: |
| EDUCATIONAL CHAIRPERSONS: GLOBAL: SPECIAL PROJECTS: FAMILY LIFE: |



MONTHLY THEME

"Pies, Pies, and More Pies" is the theme for the 2021 Warren County fce Yearbook. Creating the perfect "pie" requires practice. Use this opportunity to share your expertise on creating the perfect crust or filling for your favorite pie! Consider giving a healthy twist to a classic pie recipe. ENJOY a year filled with "PIE"!



Humble Beginning of the "Pie"

Today, the word "pie" brings visions of delicate crust and luscious fillings. Those visions are tantalizing to the taste buds, but are a far-cry from the reality of the original "pie"!

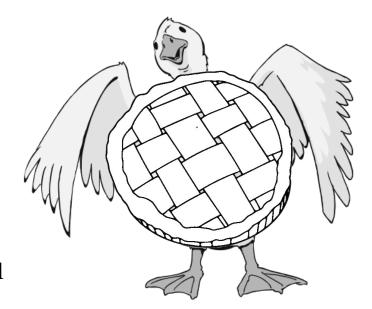
Forms of pie have been documented as far back as the ancient Egyptians. The Ancient Romans published the first recipe for a rye-crusted goat cheese and honey pie.

The purpose of the original pastry shell was to serve as a baking dish, storage container, and serving vessel. For hundreds of years, it was the only form of baking container, therefore everything was a "pie"!

The first pies, called "coffins" or "coffyns" (the word actually meant a basket or box) were savory meat pies with the crusts or

pastry being tall, straight-sided with sealed-on floors and lids. Open-crust pastry (no tops or lids) were known as "traps." These pies held assorted meats and sauce components. Fowl was a popular pie ingredient. Sometimes the legs were left to hang over the side of the dish to use as handles.

The crust of early pies were several inches thick to withstand many hours of baking. Most of the time these shells were so hard, they were inedible.



Pie came to America with the first English settlers. The early colonists cooked their pies in long narrow pans calling them "coffins" like the name of earlier crust. As in the Roman times, the early American pie crusts often were not eaten. It was during the American Revolution that the term crust was used instead of "coffin".

Fun Pie Facts!

- ◆ According to the American Pie Council, Americans buy more than 186 million pies at the grocery store each year. That is enough to stretch around the globe and beyond.
- ▼ 7% of Americans have tried to pass off a store bought pie as homemade.
- ▶ 1 in 5 Americans surveyed by the American Pie Council have eaten an entire pie by themselves.
- ▶ In 1644, Oliver Cromwell banned pie as he declared it was a pagan's form of pleasure! The ban stretched across Christmas foods like mince pies, turkey and Christmas ales. The ban was lifted in 1660.

Source: Tonsoffacts.com. American Pie Council, Illinois Extension

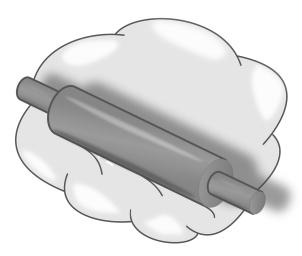


Are You a Pie Connoisseur?

- 1) Which state adopted key lime pie as their official state pie in 2006?
- 2) What kind of pie is traditionally made for Thanksgiving?
- 3) When added to dough, a teaspoon of what will help make a flaky crust?
- 4) What is Shoe Fly Pie made from?
- 5) Before pie was a dessert, when did people eat pie?
- 6) The decorative edge of a pie crust is known as?
- 7) What was Mark Twain's favorite pie?
- 8) Mincemeat pie is traditionally made with what kind of meat?
- 9) What is the one ingredient that makes apple pudding different than apple pie filling?
- 10) What is the main ingredient in a Stargazy Pie?

Source: https://www.proprofs.com/quiz-school/quizshow.php?title=pp-pies-quiz&q=2

Secrets to Making the Perfect Pie Crust....



- ◆ Cold ingredients are essential to making a great pie crust. It helps to use cold bowls and utensils.
- ▶ Be sure to chill the dough for at least an hour before rolling it out. Keeping the shortening cold ensures a nice flaky crust!
- ♥ Don't overwork or overhandle the dough. Your shortening/butter should

be coated with flour mixture, not blended with it. Over-processing causes gluten to form, a substance that toughens the dough.

- ▼ Water reduces a crust's flakiness and tenderness. Gradually add enough water to bring the pastry together; using a water bottle to spritz dry areas of the pastry is a good way to control water usage
- ▼ To promote tenderness in your pie crust, choose a low protein wheat flour such as cake or pastry flour. All-purpose flour is readily available and works well for pie crusts.
- ◆ Always sift the flour before measuring it. It is good to sift all dry ingredients together.
- ♥ Glass pie plates are the best choice for baking your pies, as this type of pie pan conducts heat evenly. Also you can see when the bottom crust of your pie is browned. If using a glass pie plate, reduce the oven temperature by 25°F. Do not oil or grease glass pie plates.

Secrets to Making the Perfect Pie Crust....

- ▼ Thin, aluminum pie pans are a poor choice because they cook unevenly. If you use them, layer two for baking. Dull metal pie plates are better than shiny metal pans. The shiny metal pans keep the crust from browning properly.
- ♥ Cool baked pies on a wire rack set on the counter. The rack allows air to circulate under the pie, preventing it from becoming soggy from the steam remaining it in.
- ▼ If your recipe calls for an egg yolk, know that the yolk adds fat as well as natural lecithin, which makes the dough pliable and easier to handle.
- ◆ Adding an acid, such as 1 tablespoon lemon juice or vinegar interferes with the elasticity of the gluten, making the crust more tender. We would recommend adding acid if your crust continues to be too tough.
- ◆ Shortening provides flakiness while butter adds flavor; combining the two gets you the best of both worlds.

Tip Sources:

King Arthur Baking - www.kingarthurbaking.com/blog/2018/10/03/how-to-make-the-best-pie-crust American Pie Council—www.piecouncil.org/Events/NationalPieDay/PieMakingTips What Cooking America—https://whatscookingamerica.net/piecrsthint.htm Land O' Lakes—www.landolakes.com/expert-advice/10-secrets-for-making-great-pie-crust/

<u>History of National Pie Day</u>

National Pie Day was born in 1975 in Boulder, Colorado, thanks to a school teacher named Charlie Papazian. On January 23, his birthday, he declared that this day would be forever remembered as National Pie Day. Why did he



do that, you ask? Well, for one good reason: Charlie really loved pie. In fact, he loved it so much he would have a "birthday pie" instead of a birthday cake. Since then, his idea for a National Pie Day has spread all over the United States.

Source: HolidayCalendar.com

JANUARY

HOSTESS

President Presiding....

Call to Order

Recognize new members/guests

Devotion

Pledge of Allegiance

Roll Call – "What is your favorite pie flavor?"

Minutes

Financial Report

Vice President Presiding....

Membership - Name 2 people to invite to club!

Member Reports and Demonstrations

Reading Reports

President Presiding....

Old Business

New Business

Announcements

Place of next Meeting

Adjourn: fce Creed

THINGS TO DO...

- 1) Make plans for March Visitation Day.
- 2) Turn in **fce State Project Reports** by January 8 to county.
- 3) Attend **Special Projects Leader Training** (1/28)
- 4) Promote membership in fce clubs.



Pies, Pies, and More Pies!

| А | В | Χ | С | L | Z | K | G | \bigvee | В | В | A | N | Н | Τ | L | J | С | M | F | |
|---|-----------|-----------|---|-----------|---|---|-----------|-----------|---|---|---|---|---|---|-----------|---|-----------|---|-----------|--------------------------|
| M | M | N | Χ | \bigvee | E | В | M | U | P | A | G | Τ | 0 | F | 0 | В | Н | G | G | APPLE |
| I | K | I | F | Y | Z | Н | Τ | K | D | N | Н | K | E | M | L | R | E | E | P | BANANACREAM BLUEBERRY |
| K | M | Н | L | K | S | Τ | P | E | С | A | N | Τ | I | U | E | Н | R | F | Ε | BUTTERMILK |
| С | Н | I | С | K | E | N | P | 0 | Τ | N | S | S | E | Н | С | L | R | P | Z | CARAMEL |
| Z | M | Χ | L | R | S | E | S | Τ | R | A | M | В | E | R | R | Y | Y | В | С | CHERRY CHESS |
| E | \bigvee | P | M | E | Q | 0 | U | U | I | С | E | A | С | Y | Τ | С | M | 0 | Ε | CHICKENPOT |
| R | \bigvee | I | N | E | M | K | S | S | D | R | A | Н | P | E | Н | S | С | N | G | CHOCOLATE |
| Y | L | \bigvee | Т | В | U | A | Y | В | R | E | N | K | E | С | J | 0 | J | I | D | COCONUT |
| K | С | С | L | K | Q | Z | R | Y | K | A | S | A | Z | G | N | E | Χ | K | U | FUDGE KEYLIME |
| Τ | I | \bigvee | N | A | G | Z | M | A | G | M | J | P | I | U | Y | L | Χ | P | F | LEMON |
| E | \bigvee | S | Χ | N | A | R | \bigvee | R | С | E | Y | С | Τ | Z | I | P | 0 | M | K | PECAN |
| U | U | M | R | A | G | A | Y | D | P | F | Q | G | Q | Χ | E | P | \bigvee | U | 0 | PUMPKIN |
| S | R | С | Т | С | Н | 0 | С | 0 | L | A | Τ | E | F | Χ | F | A | E | P | \bigvee | SHEPHARDS STRAWBERRY |
| R | J | 0 | J | Н | G | D | G | G | U | L | U | K | В | 0 | \bigvee | Ε | N | N | M | |

January 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------------|----------------|--|----------------------|--|--|---------------------------------|
| Record CVU #People #Hour | | | | | 1 New Year's Day | 2 |
| 3 | 4 | 5 Bonner 11:00 Becky Phillips | 6 Midway 10:00 | 7 Hickory Creek 10:00 | State Project Report Due to County | 9 |
| 10 | 11 | 12 | 13 | Lucky Home. 10:00 | 15 Elva Dean Bell | 16 Carolyn Womack |
| 17 | 18 | 19 Vinson's Crossroads 11:00 Regional Info. Day Murfreesboro | 20 | 21 | 22 | NATIONAL PIE DAY! Dina Turcotte |
| 24 | 25 Tina Ramsey | 26 | 27 | 28 Special Projects Training 10:00 | 29 | 30 |
| 31 Dima Craddock | | | | | | |

FEBRUARY

HOSTESS

President Presiding....

Call to Order

Recognize new members/guests

Devotion

Pledge of Allegiance

Roll Call—"What flavor pie does your family request most?"

Minutes

Financial Report

Vice President Presiding....

Agent's Program

Educational Leader Report: Special Projects

Member Reports and Demonstrations

Reading Reports

President Presiding....

Old Business

New Business

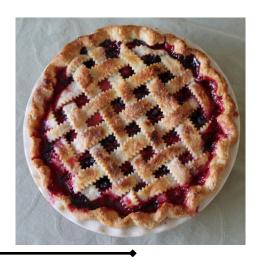
Announcements

Place of Next Meeting

Adjourn: fce Creed

THINGS TO DO...

- 1) Vice Presidents Annual Reports due February 1.
- 2) Secretary Books and Scrapbooks due February 1.
- 3) Attend Global Leader **Training** (2/24)
- 4) Plan food preparation and club information to share for Visitation Day.



My Sweet Cherry Pie! - Valentine's Favorite

English tradition credits making the first cherry pie to Queen Elizabeth I. At one time, it was against the law to serve ice cream on cherry pie in Kansas. Cherry pie is the fifth popular pie in the US - beaten only by Apple, Pumpkin, Pecan, and Banana Cream.

Macaroon Cherry Pie

Pastry for single-crust pie 3 cans (14-1/2 ounces each) pitted tart cherries

1 cup sugar

1/3 cup cornstarch 1/2 teaspoon ground cinnamon 1/4 teaspoon red food coloring, optional

TOPPING:

1 large egg, room temperature, lightly beaten 2 tablespoons 2% milk 1 tablespoon butter, melted

1/4 teaspoon almond extract

1/4 cup sugar

1/8 teaspoon salt

1 cup sweetened shredded coconut

1/2 cup sliced almonds

Source: Taste of Home

- Preheat oven to 400°. Line a 9-in, cast-iron skillet or deep-dish pie plate with crust. Trim to 1/2 in. beyond edge of plate; flute edges. Bake 6 minutes; set aside.
- Drain cherries, reserving 1 cup juice. Set cherries aside. In a large saucepan, combine sugar and cornstarch; gradually stir in cherry juice until blended. Bring to a boil over medium heat; cook and stir until thickened, 2 minutes.
- Remove from heat; stir in cinnamon and food coloring if desired. Gently fold in cherries. Pour into crust. Cover edges loosely with foil. Bake at 400° 20 minutes.
- ▼ Meanwhile, in a large bowl, combine first 6 topping. ingredients. Stir in coconut and almonds.
- ♥ Remove foil from pie; spoon topping over pie. Reduce oven to 350°; bake until topping is lightly browned, 15-20 minutes. Cool on a wire rack 1 hour. Chill 4 hours or overnight before cutting.

February 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------------|---|---------------------------------|---------------------------------------|---------------------------|-----|-------------------------------|
| Record CVU #People #Hour | Annual Reports Due Scrapbooks and Secretary Books Due | Bonner 11:00 | Midway 10:00 | Hickory Creek 10:00 | 5 | 6 |
| 7 Sue Adcock | 8 | 9 | 10 | Lucky Home. 10:00 | 12 | 13 |
| 14 | 15 | Vinson's Crossroads 11:00 | 17 | 18 | 19 | National Cherry Pie Day |
| Diana Fults Betty Grissom | 22 | 23 | Global Leader Training 10:00 | 25 | 26 | 27 |
| 28 | | | | | | |

MARCH

HOSTESS____

President Presiding....

Call to Order

Recognize new members/guests

Devotion

Pledge of Allegiance

Roll Call—"How do you keep bananas from darkening?"

Minutes

Financial Report

Vice President Presiding....

Educational Leader Report: Global

Member Reports and Demonstrations

Reading Reports

President Presiding....

Old Business

New Business

Announcements

Place of next Meeting

Adjourn: fce Creed

THINGS TO DO... 1) Attend March

- 1) Attend March Visitation Day (3/9)
- 2) Attend County Council Meeting/Grab Bag Day (3/15)
- 3) New 50-year member application due March 15



Go Bananas with a Banana Cream Pie!

In the early 19th century, the abundance of bananas resulted in many banana-based recipes. For decades, American families have enjoyed banana bread, banana cake, banana cookies.. and of course, the popular banana cream pie. This tasty dessert was a favorite among the U.S. troops in the early 1950s.

Give your Banana Cream Pie a new lease on life!

- Put a thin layer of hazelnut spread over the crust and cover with banana filling.
- Use a chocolate graham cracker crust instead of a traditional pastry or graham crust.
- Sprinkle top with shaved or grated chocolate.
- Use vanilla wafers instead of graham crackers to make the crust.
- Sprinkle bananas with a pinch of cinnamon for a unique twist

| → Unscra | mble th | e tiles | to revea | al a mes | ssage. | | | | | | | | |
|--------------------|-----------------------------------|---------|----------|----------|--------|--|--|--|--|--|--|---------|--|
| P | PYER PI YO MA H NE KE! EV | | | | | | | | | | | | |
| 5 | S E A P By: Laurie Halse Anderson | | | | | | | | | | | | |
| | | | | | | | | | | | | | |

March 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------------|---|---|----------------|---------------------------|-----------------|-------------------|
| Record CVU #People #Hour | 1 | Bonner 11:00 National Banana Cream Pie Day | 3 Midway 10:00 | Hickory Creek 10:00 | 5 Lori Yates | 6 |
| 7 | 8 | 9 Visitation Day 11:00 Wanda Evans | 10 | Lucky Home. 10:00 | 12 | 13 |
| 14 | 15 County Council Grab Bag Day 10:00 50 Year Member Forms Due | Vinson's Crossroads 11:00 | 17 | 18 Brenda Mitchell | 19 | 20 Remonia Smith |
| 21 | 22 | 23 Linda Nixon | 24 | 25 Billie Ann Foster | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

APRIL

HOSTESS _____

President Presiding....

Call to Order

Recognize new members/guests

Devotion

Pledge of Allegiance

Roll Call - "Do you have a favorite pie crust recipe?"

Minutes

Financial Report

Vice President Presiding....

Member Reports and Demonstration

Reading Report

President Presiding.....

Old Business

New Business

Announcements

Place of next Meeting

Adjourn: fce Creed

THINGS TO DO...

- Leadership Retreat registration due to county treasurer April 1.
- **2) Class registration** due to **regional office** April 15.
- 3) Attend **A&R Day** (Magnolia Rm) (4/20)
 "There Are No Rules In Quilting"
 Quilt Display Proposed.
 Bring CVU forms, Creative Writing entries, and Silent Auction items.
- Send or call in any suggestions for summer classes or outings.
- 5) Attend **Environmental Leader Training**. (4/28)

Blueberry Pie in New England History

Blueberries appeared in American cookbooks far later than other fruit. The first published use of the word "blueberry pie" may have appeared in *New England Farmer* in November 1829, and only in passing.

A Mrs. Bliss published the first recipe for blueberry pie in her *Practical Cook Book* in 1850. It included instructions for venting the pie to help prevent juice from running out – the bane of the blueberry pie maker.

In 1899, Jasper Wyman of Milbridge, Maine, began canning wild blueberries. For the next hundred years, the Wyman family bought thousands of acres of fields and blueberry barrens. The family now has 10,000 acres of blueberry barrens and freezes instead of canning the blueberries. Today, Wyman's is one of six companies that process and freeze wild Maine blueberries.

Health Benefits of Blueberries

It's one of the healthiest fruits on the market. Blueberries are full of antioxidants, inhibit cancer development, and helps prevent urinary tract disease. Eating blueberries may assist in maintaining healthy blood pressure, reduce blood sugar, and ease symptoms of depression.

Source: New England Historical Society



April 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------------|-----|--|--|---|-----|------------------|
| Record CVU #People #Hour | | | | 1 Hickory Creek 10:00 Leadership Retreat Registration Due To County | 2 | 3 |
| 4 Easter | 5 | Bonner 11:00 | 7 Midway 10:00 | Lucky Home. 10:00 | 9 | 10 |
| 11 | 12 | 13 Brenda Clark Betty Arnold | 14 | Class Registration Due To Regional Office | 16 | 17 Frances Hobbs |
| 18 | 19 | 20 Vinson's Crossroads 11:00 A&R Day 10:00 CVU Summary Due | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | Environ. Leader Training 10:00 National Blueberry Pie Day Marty Turner | 29 | 30 | |

MAY

HOSTESS

President Presiding....

Call to Order

Recognize new members/guests

Devotion

Pledge of Allegiance

Roll Call- "Do you prefer Coconut Cream Pie or Coconut Custard Pie?"

Minutes

Financial Report

Vice President Presiding....

Educational Leader Report: Environmental

Member Reports & Demonstrations

Reading Re

President Presiding....

Old Business

New Business

Announcements

Place of next Meeting

Adjourn: fce Creed

THINGS TO DO ...

- 1) Participate in the fce Bake Sale. (5/7)
- 2) Participate in the "Day of the Family" projects. (5/15)
- 3) Attend fce Leadership Retreat.

(5/24-5/27) Cookeville (Optional extra night 5/24)

4) Attend Leadership Retreat (Day Camp) (5/25 or 5/26)



Coconut Fun Facts...... Did You Know.....

- 1. The coconut is not a nut or a fruit. It is a seed!
- 2. The water from the coconut has traditionally been used when commercial IV solutions of plasma have not been available.

Natalie Morales' Lightened-Up Coconut Cream Pie

1 cup raw almonds

1 cup old-fashioned oats

5 tbsp coconut oil, melted (plus more if needed)

6 tbsp honey ,divided

2 tsp pure vánilla extract, divided

1/2 tsp ground cinnamon

pinch of salt

1 large egg

1 egg yolk 3 tablespoons cornstarch 1 1/2 cups light coconut milk

1/2 cup shredded unsweetened coconut (plus 3 tablespoons for topping)

1 cup whipped topping

- 1. Combine almonds and oats in the food processor to make into a flour. Then add in coconut oil, three tablespoons of honey, one teaspoon vanilla extract, ground cinnamon, and salt. Pulse mixture until it starts to form a dough.
- 2. Press the dough into a pie dish forming it until the bottom and sides are evenly covered. Bake crust in the oven at 350°F for 15 minutes.
- 3. In a bowl, whisk three tablespoons of honey, egg, egg yolk, one teaspoon vanilla extract, and salt. Whisk in the cornstarch which will help to thicken the mixture and keep the consistency.
- 4. In a saucepan, gently heat the light coconut milk and 1/2 cup of shredded coconut over medium-low heat until the milk is hot (not boiling). Add the egg mixture and cook, stirring continuously until it has thickened to a custard consistency, about four minutes.
- 5. Remove from heat and let cool for about 30 minutes, stirring once or twice
- 6. Pour the custard into the prepared pie crust and refrigerate it until it is firm like pudding.
- 7. While pie is in the refrigerator, line a baking sheet with parchment paper and spread the remaining three tablespoons of shredded coconut out on the sheet. Toast until golden, about 8 minutes.
- 8. When ready to serve, spread whipped topping on the pie and sprinkle with toasted coconut.

Source: www.doctoroz.com

May 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------------|---|---|---|---------------------------------------|---|---------------------------------------|
| Record CVU #People #Hour | | | | | | 1 |
| 2 | 3 | Bonner 11:00 | Midway 10:00 | Hickory Creek 10:00 | fce Bake Sale 8:00 Wholesale Discount Groceries | 8 National Coconut Cream Pie |
| 9 | 10 | 11 | 12 | Lucky Home. 10:00 | 14 | Celebrate Day of the Family |
| 16 | 17 | Vinson's Crossroads 11:00 | 19 | 20 | 21 | 22 |
| 23 | fce Leadership Retreat TTU Cookeville (Extra Night) | fce Leadership Retreat TTU Cookeville (Opt. Day Camp) | fce Leadership Retreat TTU Cookeville (Opt. Day Camp) | fce Leadership Retreat TTU Cookeville | 28 | 29 |
| 30 | Dale McDaniel Mary Rubley | | | | | |

JUNE

HOSTESS_____

President Presiding....

Call to Order

Recognize new members/guests

Devotion

Pledge of Allegiance

Roll Call – "Name your favorite Banana Split Pie topping?"

Minutes

Financial Report

Vice President Presiding

Agent's Program

Member Reports and Demonstrations

Reading Reports

President Presiding....

Old Business

New Business

Announcements

Place of next Meeting

Adjourn: fce Creed

THINGS TO DO...

- 1) 'Best of the Best' and Creative Writing entries due to Region June 1.
- 2) Attend Dairy Day (6/14)
- 3) Plan summer outing for the club.
- 4) Attend County Council/Grab Bag Day (6/21)
- 5) Attend Family Life Leader Training (6/30)



In Honor of June Dairy Month - Enjoy a

Banana Split Pie

3 tablespoons chocolate hard-shell ice cream topping

- 1 graham cracker crust (9-inch)
- 2 medium bananas, sliced
- 1/2 teaspoon lemon juice
- 1/2 cup pineapple ice cream topping
- 1 quart strawberry ice cream, softened
- 2 cups whipped topping
- 1/2 cup chopped walnuts, toasted

Chocolate syrup

8 maraschino cherries with stems

Source: Taste of Home

- Pour chocolate topping into crust.
 Freeze for 5 minutes or until chocolate is firm
- 2. Meanwhile, place bananas in a small bowl; toss with lemon juice. Arrange bananas over chocolate topping. Layer with pineapple topping, ice cream, whipped topping and walnuts.
- Cover and freeze until firm.
 Remove from the freeze 15
 minutes before cutting. Garnish
 with chocolate syrup and cherries.

June 2021



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------------|-------------------------------------|---|---|---|--|--|
| Record CVU #People #Hour | | 1 Bonner 11:00 CVU's "Best of the Best" & Creative Writing Due To The Region | Midway 10:00 | 3 Hickory Creek 10:00 | 4 | 5 |
| 6 Crystal Davis | 7 | 8 | 9 Sharon Bennett | Lucky Home. 10:00 | 11 | 12 |
| 13 | June Dairy Day 11:00 | Vinson's Crossroads 11:00 | 16 | 17 | 18 | 19 |
| 20 | 21 County Council Grab Bag | 22 | 23 | 24 | 25 ummer Tomato P | 26 |
| | Day 10:00 | | | 1 pie crust (9-inch 3 thinly, sliced ton 2 teaspoons salt |) baked until golder natoes | |
| 27 | 28 | Mary Mann Vita Gulley | Family Life Leader Training 10:00 | 1.) Preheat oven t 2.) Place tomatoes sprinkle with salt. release moisture. towel. 3.) Arrange half of of the pie crust, or 4.) Sprinkle half of rella cheeses onto | fresh basil cheddar cheese d mozzarella cheese ise o 350 degrees F. s in a single layer of Let sit for about 10 Blot excess moistur the tomato slices a verlapping the slice of the garlic, basil, choot the tomato layer. | a colander; minutes to e with a paper around the bottom s. eddar and mozza- |
| Notes: | | | | 5.) Repeat layers when the cheddar and mozz | with remaining tom | atoes, garlic, basil, |

cheddar and mozzarella cheese.
6.) Spread mayonnaise over the top of the mozzarella layer cheese layer.
7.) Bake for 30 minutes or until cheese is melting and bubbling. Cool on a wire rack.

JULY

HOSTESS

President Presiding....

Call to Order

Recognize new members/guests

Devotion

Pledge of Allegiance

Roll Call – "How do you say the word 'pecan'?"

Minutes

Financial Report

Vice President Presiding....

Educational Leader Report: Family Life Member Reports and Demonstrations

Reading Reports

President Presiding....

Old Business

New Business

Announcements

Place of next Meeting

Adjourn: fce Creed

THINGS TO DO...

- 1) Make items to enter in the fair.
- Participate in club outing.
- 3) Participate in **County Cultural Arts & Fashion Revue** (7/12)

"A Favorite Dish" Recipe Contest - Prepare one of your favorite recipes. (Remember to bring a copy of the recipe.)

Where Did Pecan Pie Originate?

Pecan pie is an American creation. Pecans grew along areas watered by the Mississippi River, spreading a bit to the east into Alabama. Following the Civil War, commercial developers brought in a few varieties of pecans to grow in Georgia (the state is now the main commercial grower of pecans in the U.S.).

The name of the nut itself is derived from the French word *pacane*. Pronunciation surveys have yielded as many as four variants on the pronunciation of pecan: pee -KAHN, pick-KAHN, PEE-can, and PEE-kahn.



The first recipe that closely resembles what we know today as pecan pie was published in 1898 in a church charity cookbook in St. Louis.

In the mid-1920s, the manufacturer of Karo™ syrup began printing a recipe for pecan pie on cans of the product, as James McWilliams noted in *The Pecan: A History of America's Native Nut*. Wide distribution of Karo™ syrup introduced many people to pecan pie.

Source: www.eater.com

July 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------------|--|---------------------------------|----------------------|------------------------------|-----------------|-----|
| Record CVU #People #Hour | | | | Hickory Creek 10:00 | 2 | 3 |
| 4 | 5 | Bonner 11:00 | 7 Midway 10:00 | 8 Lucky Home. 10:00 | 9 | 10 |
| 11 Jean Cantrell | County CA/FR Registration @10:00 National Pecan Pie Day | 13 | 14 | 15 Dawn Carter | 16 | 17 |
| 18 | 19 | Vinson's Crossroads 11:00 | 21 | 22 Frances Farmelo | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 Connie York | 31 |

AUGUST

HOSTESS: _____

President Presiding....

Call to Order

Recognize new members/guests

Devotion

Pledge of Allegiance

Roll Call - "Do your prefer Clingstone or Freestone peach varieties?"

Minutes

Financial Report

Vice President Presiding....

Member Reports and Demonstrations

Reading Reports

President Presiding

Old Business

New Business

Announcements

Place of Next Meeting

Adjourn: fce Creed

THINGS TO DO...

- Plan fair entries, offer to work at fair departments and country store.
 Reserve educational booth and / or live demonstration time.
- 2) Cultural Arts and Fashion Revue winners due to Region by August 15.
- 3) Attend **Economics Leader Training** (8/25)
- 4) Register for the **tafce State Convention** by August 27.
- 5) Pay fce dues to county treasurer by August 27.



That's Just PEACHY!

Tips on the best way to select, store, and prepare fresh peaches!

Selection: Choose peaches with a creamy to gold under color. The amount of red blush on fruit depends on the variety and is not always a sign of ripeness. Other indicators of ripeness are a well-defined crease and a good fragrance. Never pick peaches with a green under color. They will not ripen well. They will shrivel, become flabby and never achieve a good flavor.

Storage: Store fully ripened peaches at 32-35°F until ready to use. Sound, mature peaches should keep from 1-2 weeks with little adverse effects. After that time period, peaches tend to deteriorate rapidly.

Preparation: Wash peaches gently, peel, and remove pits. Handle carefully to avoid bruising. To peel a peach, dip it in boiling water for 30 seconds, then in cold water. The peel should slide off easily. To keep sliced peaches from darkening, dip in lemon juice or ascorbic acid.

Types: Freestone—Peach flesh releases from the pit easily. Clingstone—Peach flesh clings to the pit.

Source: North Carolina Department of Agriculture

August 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--------------------|--------------------------------------|--|---------------------------|---|-----------------------------------|
| 1 | 2 | Bonner 11:00 | 4 Midway 10:00 | Hickory Creek 10:00 | 6 | 7 Connie Romans |
| 8 Alda Bandy | 9 | 10 | 11 | Lucky Home. 10:00 | 13 | 14 |
| Cultural Arts Winners & Fashion Revue Due To Region | 16 | Vinson's Crossroads 11:00 | 18 | 19 | 20 Carolyn Bickford | 21 |
| 22 | 23 Sandra Blair | National Peach Pie Day | Economics Leader Training 10:00 | 26 | fce Dues Due to County tafce Conference Registration Deadline | 28 |
| 29 | 30 | Elaine Summa Jean Smith Lucy Eastman | | | | Record CVU #People #Hour |

SEPTEMBER

HOSTESS_____

President Presiding....

Call to Order

Recognize new members/guests

Devotion

Pledge of Allegiance

Roll Call - "Describe your favorite version of Strawberry Cream Pie?"

Minutes

Financial Report

Vice President Presiding....

Educational Leader Report: Economics Member Reports and Demonstrations

Reading Report

President Presiding....

Old Business

New Business

Announcements

Place of Next Meeting

Adjourn: fce Creed

THINGS TO DO...

- 1) Attend Central Region Annual Meeting Regional Cultural Arts & Fashion Revue (9/9) Murfreesboro
- 2) Enter at least **5 items** in the Warren County A&L Fair
- 3) Attend **Wellness Leader Training** (9/22)
- 4) Attend County Council Meeting (9/27)
- 5) Plan to attend **tafce State Conference**Registration due October 1.
- 6) County Council officer list due to Region October 1.



The Many Faces of STRAWBERRY CREAM PIE!

Strawberry Cream Pies can be made in many different ways. Some recipes use a custard or pudding base with strawberries either folded in or on top. Others are made with cream cheese or whipped cream. Whichever you prefer, the Strawberry Cream Pie is a delicious treat that will suit everyone's taste buds!

Amazing Strawberry Cream Pie

Crust:

1/2 cup crushed chocolate sandwich cookie crumbs

2 tablespoons sugar

2 tablespoons butter, melted

Filling:

4 ounces cream cheese, softened

2 tablespoons sugar

1/2 teaspoon vanilla extract

1/2 cup mashed fresh strawberries

1/2 cup heavy whipping cream

2 tablespoons confectioners' sugar

- 1. Combine the crust ingredients and press into a 7-inch pie plate. Bake at 375°F minutes. Cool.
- In a small bowl, beat the cream cheese, sugar, and vanilla until smooth. Stir in the strawberries.
- 3. In another bowl, beat cream until it begins to thicken.
- 4. Gradually add confectioners' sugar, beating until stiff peaks form.
- 5. Fold cream mixture into strawberry mixture. Spoon into the crust. Refrigerate for 4 hours or overnight.

Source: Test Kitchen Approved—Taste of Home

September 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------------|--|--|---|--|------|----------------------|
| Record CVU #People #Hour | | | Midway 10:00 | Hickory Creek 10:00 | 3 | 4 |
| 5 Dian Greene | 6 | Bonner 11:00 | 8 | 9 Lucky Home. 10:00 Regional Cultural Arts & Fashion Revue | 10 | Fair Entry Day |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| Fair | Fair | Fair | Fair | Fair | Fair | Fair |
| 19 Martha McBride | 20 | Vinson's Crossroads 11:00 | Wellness Leader Training 10:00 | 23 | 24 | 25 |
| 26 | County Council Grab Bag 10:00 | National Strawberry Cream Pie Day | 29 | 30 | | |

OCTOBER

HOSTESS:

President Presiding....

Call to Order

Recognize new members/guests

Devotion

Pledge of Allegiance

Roll Call - "Say whether you consider a

"Shepherds Pie" a pie or a casserole".

Minutes

Financial Report

Vice President Presiding....

Agent's Program

Educational Leader Report: Wellness & Health

Member Reports and Demonstrations

Reading Reports

President Presiding....

Old Business

New Business

Announcements

Place of Next Meeting

Adjourn: fce Creed

THINGS TO DO...

- 1) Elect officers for 2021.
- 2) Attend **Fall Planning Meeting** (10/12) Theme -**"Halloween"**Wear a Halloween Costume or sweater.
- 3) Send **officer list** to Extension office by October 29.



Scottish Version of the Shepherd's Pie

The original Shepherd's Pie was baked in a pastry crust using leftover roast meat combined with a savory gravy to bring it together. When the dish made it's way to Ireland, they skipped the pastry and used mashed potatoes. This version is recognized today in a lot of Shepherd's Pie recipes.

- Technically, you can only call the dish a Shepherd's Pie if it contains lamb or mutton.
- If you use beef as the heart of your recipe, it should be referred to as a "Cottage Pie."
- If you choose to top your pie with bread crumbs instead of the pastry or mashed potatoes, you will have to refer to it as a "Cumberland Pie"
- There is a Shepherd's Pie for vegetarians, too. It does not have an official name; some
 refer to it as a "Shepherdless Pie". Others refer to this savory pie as a "Gardener's Pie".
 The filling vary, from lentils and sweet potatoes to mushrooms and leeks.

Its Pie Status Has Been Questioned

The Brits are serious about pie: According to a petition calling to "make wrongly describing a casserole with a pastry lid as a pie a criminal offence," we shouldn't be calling shepherd's pie a pie at all! The petitioners argued that a pie has to have a top and base of pastry; a casserole covered by a puff pastry—or mashed potatoes—isn't enough. (Spoiler alert: It only received half of the requested 10,000 signatures). Therefore, maintaining it's pie status!

Source: Taste of Home - https://www.tasteofhome.com/collection/things-you-never-knew-about-shepherds-pie/

October 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------------|--|---------------------------------------|----------------------|--------------------------------|--|-----|
| Record CVU #People #Hour | | | | | 1 County Council Officers & tafce State Conference Registration Due to Region | 2 |
| 3 | 4 | 5 Bonner 11:00 | 6 Midway 10:00 | 7 Hickory Creek 10:00 | 8 | 9 |
| 10 | 11 | Fall Planning Meeting 10:00 | 13 | Lucky Home. 10:00 | 15 Betty Whitlock | 16 |
| 17 | 18 | 19 Vinson's Crossroads 11:00 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 Becky Manning | 28 | Club Officer List Due To Extension Office | 30 |
| 31 | Easy Crustless Shepherd's Pie 1 pound ground beef 1/3 cup ketchup 1 teaspoon Worcestershire sauce 8 ounce frozen mixed vegetables, thawed 1/4 cup shredded cheddar cheese 16 ounce package mashed potatoes, refrigerated or frozen and thawed 1/4 crustless Shepherd's Pie Heat oven to 400°F. Place beef in a large skillet and cook over medium-high heat until no trace of pink remains, about 5 minutes. Drain and discard fat. Stir in ketchup and Worcestershire. Add the vegetables and cook, stirring, for 1 minute. Spoon into a baking dish. Mix the cheese with the potatoes in a bowl. Spread over the beef and bake until heated through, 10 minutes. Source: Realsimple.com | | | | | |

NOVEMBER

| HOSTESS: | |
|-----------------|-------|
| | • |

President Presiding....

Call to Order

Recognize new members/guests

Devotion

Pledge of Allegiance

Roll Call - "What is your favorite crust for a pot pie?" (Biscuits, cornbread, pastry, etc.)

Minutes

Financial Report

Vice President Presiding....

Member Reports and Demonstrations

Reading Reports

President Presiding....

Old Business

New Business

Announcements

Place of Next Meeting

Adjourn: fce Creed

THINGS TO DO...

 Attend the tafce State Conference— November 14-17—Cool Springs, Embassy Suites



The History of the Humble Pot Pie

There are many kinds of comfort food, but the pot pie is one that has quite a history.

- Pot pies were also described as "Sea Pie." This version typically included pigeons, turkey, veal and mutton. The name came from the pie being made aboard ships.
- In 1951, the first frozen pot pie was created by the C.A. Swanson company and was made with chicken.
- Assorted versions of pot pies have toppings made of mashed potatoes, cornbread, biscuits, and more.

Source: Karen Blakeslee—Kansas State University—Rapid Response Center The Encyclopedia of American Food & Drink, John F. Mariani

Turkey Pot Pie

2 unbaked ready-made pie crust

- 1 cup chopped cooked turkey
- 1 (10 ounce) bag frozen mixed vegetables
- 1 (10 ounce) can condensed cream of mushroom soup
- 1 (10 ounce) can condensed cream of celery soup
- 1/2 cup milk

- 1. Line 9-inch pie plate with first crust. Set second crust aside.
- 2. Mix remaining ingredients in large bowl. Pour into pie plate
- 3. Top with remaining crust. Cut slits in top crust
- 4. Place baking sheet underneath pie in oven.
- 5. Bake for about 1 hour in 350°F oven.
- 6. When done, let set for about 10 minutes before serving.

Source: Food.com

November 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-------------------------------------|-------------------------------------|---|---|---------------------------|-----------------|-----|
| Record CVU #People #Hour | 1 | Bonner 11:00 | Midway 10:00 | Hickory Creek 10:00 | 5 | 6 |
| 7 | 8 | 9 | 10 | Lucky Home. 10:00 | 12 Naomi Smith | 13 |
| Tafce State Conference Cool Springs | Tafce State Conference Cool Springs | Tafce State Conference Cool Springs Vinson's Crossroads Ann Whitman | 17 Tafce State Conference Cool Springs | 18 | 19 | 20 |
| 21 | 22 | 23 Victoria Conley | 24 | 25 Thanksgiving | 26 | 27 |
| 28 | 29 Lisa Keener | Teresa Priestley Mildred Vaughn | | | | |

DECEMBER

HOSTESS _____

President Presiding....

Call to Order

Recognize new members/guests

Devotion

Pledge of Allegiance

Roll Call—"What kind of pies do you prepare for the holiday meals and how many?"

Minutes

Financial Report

Vice President Presiding....

Holiday Happenings

Member Reports and Demonstrations

Reading Reports

President Presiding....

Old Business

New Business

Announcements

Place of Next Meeting

Adjourn: fce Creed

THINGS TO DO...

- 1) Plan to attend fce Brunch / County Council / Santa's Workshop. (12/6)
- 2) Install **club officers** for the upcoming year.
- 3) Do a **special club project** in the spirit of Christmas.



The Dark Secret of Canned Pumpkin?

Elijah Dickinson moved from Kentucky to Illinois in 1835, carrying with him the seeds of Kentucky Field Pumpkin or as it later became known, the Dickinson Pumpkin.

This large tan pumpkin actually belongs to the **squash** species *Cucurbita moschata*, whose most famous member is the butternut squash. These squash usually have a uniform, smooth, tan rind when ripe.

And here's the secret...

The Dickinson pumpkin or squash is the source of most canned pumpkin we eat today. Why the Dickinson Squash? As the *Wall Street Journal* reported in 2018, those who make pies from field type pumpkins, are not always pleased with the flavor or stringy texture.

The Dickinson squash is rarely seen for sale. It is the size of a medium to large pumpkin, which can be a challenge for the home gardener and cook. Since its not the bright orange we expect from pumpkins, it often goes unsold at the market. But Dickinson pumpkin/squash yields a lot of edible flesh, due to the fact they weigh approximately 10-14 pounds.

Source: University of Minnesota Extension

December 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---------------------------------|-------------------|------------------------------|-----|-------------------------------------|
| | | | Midway 10:00 | Hickory Creek 10:00 | 3 | 4 Chris Walters |
| 5 | 6 County Council & Santa's Workshop 10:00 | 7 Bonner 11:00 | 8 | 9 Lucky Home. 10:00 | 10 | 11 |
| 12 | 13 | 14 Susan Driver | 15 T.J Patterson | 16 Janis Darnaby | 17 | 18 |
| 19 | 20 | Vinson's Crossroads 11:00 | 22 | 23 | 24 | Christmas National Pumpkin Pie Day |
| 26 | 27 | 28 | 29 | 30 | 31 | |

Are you a Pie Connoisseur? - Answers

- 1. Which state adopted key lime pie as their official state pie in 2006? Florida
- 2. What kind of pie is traditionally made for Thanksgiving? **Pumpkin**
- 3. When added to dough, a teaspoon of what will help create a flaky crust? **Vinegar**
- 4. What is Shoe Fly Pie made from? Molasses
- 5. Before pie was a dessert, when did people eat pie? **Breakfast**
- 6. The decorative edge of a pie crust is also known as? Fluted
- 7. What was Mark Twain's favorite pie? <u>Huckleberry</u>
- 8. Mincemeat pie is traditionally made with what kind of meat? **Mutton or Beef**
- 9. What is the one ingredient that makes apple pudding different than apple pie filling? **Eggs**
- 10. What is the main ingredient in a Stargazy Pie? Fish

Brief Historical Note:

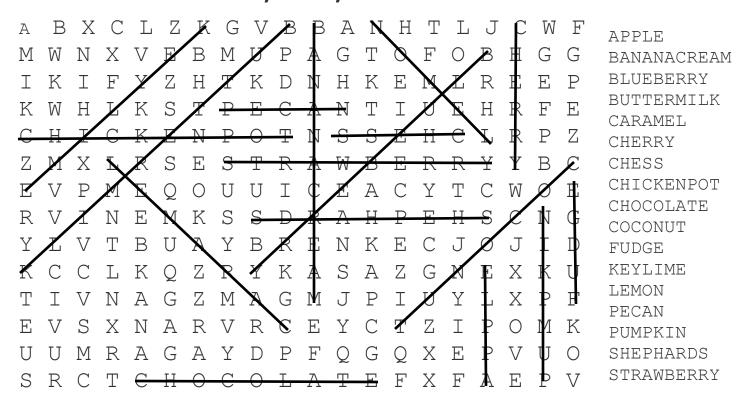
Mincemeat developed as a way of preserving meat without salting or smoking some 500 years ago in England, where mince pies are still considered an essential accompaniment to holiday dinners just like the traditional plum pudding. This pie is a remnant of a medieval tradition of spiced meat dishes, usually minced mutton, that have survived because of its association with Christmas. This pies have also been known as Christmas Pies. Mince pie as part of the Christmas table had long been an English custom.

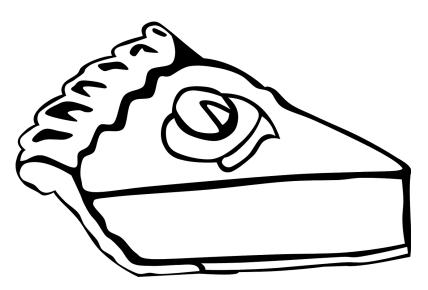
Today, we are accustomed to eating mince pie as a dessert, but actually "minced" pie and its follow-up "mincemeat pie" began as a main course dish with more meat than fruit (a mixture of meat, dried fruits, and spices). As fruits and spices became more plentiful in the 17th century, the spiciness of the pies increased accordingly.

Source: WhatsCookingAmerica.com



Pies, Pies, and More Pies!





SOLUTION TO PUZZLE PHRASE ON PAGE 48

| PYER PI YO MA H NE KE! EV | | | | | | | | | | | | |
|--|---|----|----|---|----|----|----|----|---|----|----|---|
| 5 E A P By: Laurie Halse Anderson | | | | | | | | | | | | |
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| PΙ | E | MΑ | ΚE | S | ΕV | ER | YO | ΝE | Н | ΑP | PY | ! |

Lemon Pie

The world is full of gladness,
There are joys of many kinds,
There's a cure for every sadness,
That each troubled mortal finds.
And my little cares grow lighter
And I cease to fret and sigh,
And my eyes with joy grow brighter
When she makes a lemon pie.

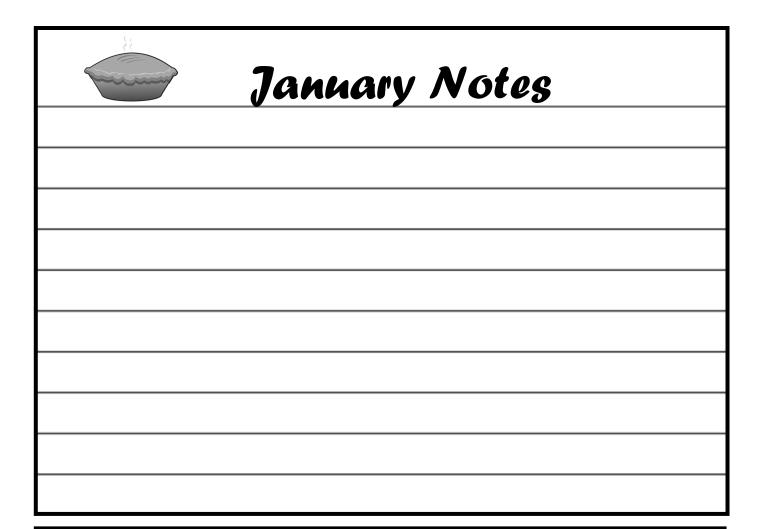
When the bronze is on the filling
That's one mass of shining gold,
And its molten joy is spilling
On the plate, my heart grows bold
And the kids and I in chorus
Raise one glad exultant cry
And we cheer the treat before us
Which is mother's lemon pie.

Then the little troubles vanish,
And the sorrows disappear,
Then we find the grit to banish
All the cares that hovered near,
And we smack our lips in pleasure
O'er a joy no coin can buy,
And we down the golden treasure
Which is known as lemon pie.

By Edgar Albert Guest

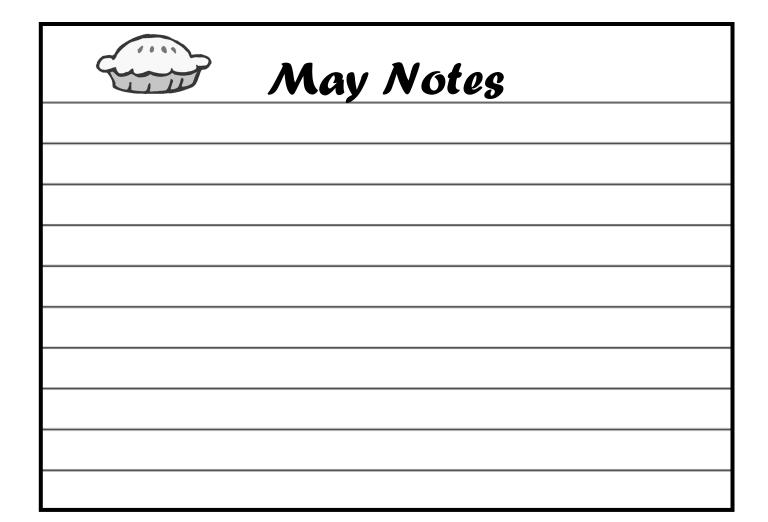


Source: PoemHunter.com



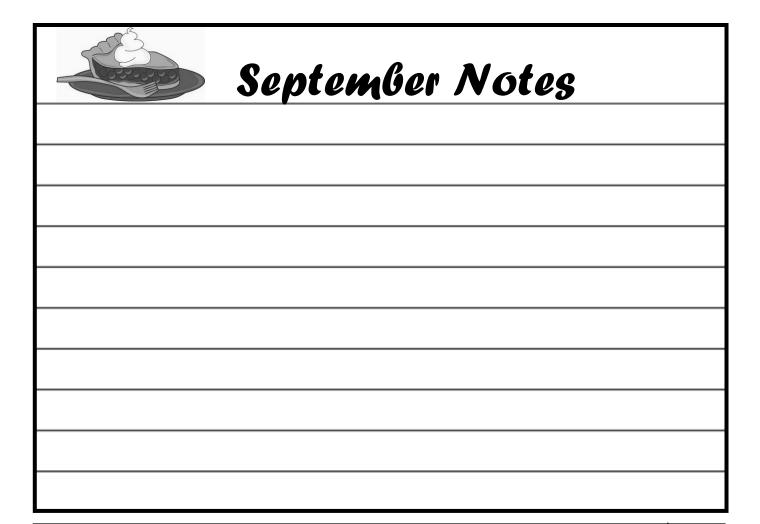
| February Notes | |
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March Notes April Notes

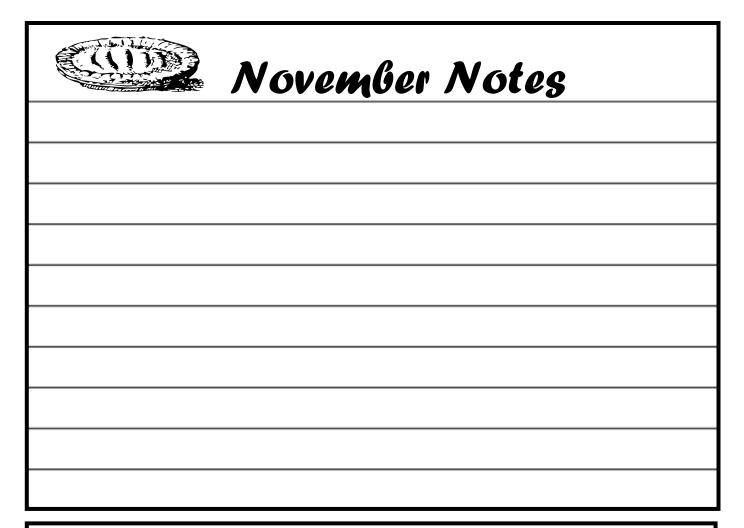


| June Notes | Cookie Sound |
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July Notes August Notes



| October Notes | |
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| December Notes | |
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